

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Wednesday 05 Jul 2023 until 23:59 on Thursday 06 Jul 2023

Forecast Issued on Tuesday 04 Jul 2023 at 17:00 by Met Office Aberdeen

Confidence: Generally high confidence for much of the forecast but low for timing of rain later Thursday and early Friday, and strength of winds Friday and Saturday.

Headline for Wednesday 05 Jul 2023: Sunny spells and a few showers. Light winds.

Mountain weather hazards on Wednesday 05 Jul 2023

Blizzards

No Likelihood

Gales

No Likelihood

Thunderstorms

No Likelihood

Heavy persistent snow

No Likelihood

Severe chill effect

No Likelihood

Heavy persistent rain

No Likelihood

Storm force winds

No Likelihood

Poor visibility

Low Likelihood

Strong sunlight

High Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Partly cloudy (night)	Partly cloudy (night)	Sunny intervals	Light rain showers	Light rain showers	Light rain showers	Sunny intervals	Partly cloudy (night)
Precipitation probability							
10%	10%	10%	20%	20%	20%	10%	<05%

Forecast for Wednesday 05 Jul 2023

Weather: Dry with clear spells for most through the early hours, but cloudy with a chance of light rain across eastern Lochaber. Sunny spells through the day, with scattered showers breaking out by mid to late morning. Showers dying out through the evening with some clear spells overnight.

Chance of cloud-free hill tops above 800m: 30% early morning, rising to 80% by midday

Low Cloud and visibility: Generally good visibility outside of any low cloud. Cloud bases 600m around dawn, most extensive in the east, patchy towards the west coast. Cloud bases rising through the morning, to be above munro level by midday. The highest summits likely to be affected by cloud at times through the afternoon. Cloud then lowering to 800m in the evening.

Forecast for Wednesday 05 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	6/8 N	6/8 N	5/7 NW	7/11 SW	11/16 SW	16/23 SW	17/24 SW	18/22 SW	18/22 S
900	5/6 N	4/6 N	4/6 NW	7/10 W	9/14 SW	13/20 SW	14/20 SW	13/17 SW	14/18 S
600	5/7 N	4/6 NW	4/5 W	7/10 W	10/15 SW	15/21 SW	15/21 SW	13/18 SW	14/19 S
300	4/6 N	2/4 SE	2/3 SW	5/8 W	9/15 SW	10/18 SW	10/17 SW	8/14 S	8/15 S
Glen	3/6 NW	2/4 W	2/4 SW	3/7 SW	9/16 SW	9/18 SW	9/17 SW	6/14 SW	6/14 S

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	3/1	3/0	3/1	3/-0	4/1	5/0	4/-0	3/-2	3/-2
900	6/4	5/4	6/4	6/4	9/6	8/5	8/4	6/3	6/2
600	8/7	8/6	8/7	8/7	10/8	10/8	10/7	8/6	8/5
300	10/9	9/9	10/9	11/11	13/11	13/11	12/10	11/9	10/8
Glen	11/11	10/10	12/12	14/13	15/14	15/13	14/13	12/11	12/11
Freezing Level*	1600m	1600m	1600m	1600m	1700m	1800m	1800m	1700m	1700m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Driest, sunniest conditions on the west coast. High UV levels so sun protection is recommended.

Forecast for Thursday 06 Jul 2023

Weather: Mainly dry through the early hours with some clear spells. Cloud will thicken early morning, a few light showers possible through the day, but most hills dry. Cloud lowers late afternoon with strengthening winds and heavy rain spreading in from the south through the evening.

Maximum wind: South 15-20 mph, gusting 25 mph. Becoming Southeast 25 gusting 35 mph late afternoon, perhaps 45-50 mph across higher summits late evening.

Chance of cloud-free hill tops above 800m: 80% through daylight hours. Falling to 30% late evening.

Low Cloud and visibility: Cloud bases around 500-600m in the morning, rising to around 1000m by midday, a few breaks possible. Extensive cloud lowering to 600m in the evening.

Temperature: **Glens:** Plus 10 Celsius rising to 15 Celsius
At 800m: Plus 6 Celsius rising to 9 Celsius
Freezing level: Above the summits.